

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

April 2008

☞ Bicycle Spoken Here ☞

GVCC President: Doris Phinney, 968-3143,
cyclebug@aol.com

GVCC MEETING: Saturday, April 12, 5pm, Rusty's Pizza in Goleta. Saturday, May 3, 11am, (following Newcomer's Ride) Lori Haney's home and she will provide a light lunch. Be sure to mark your calendar.

GVCC ANNUAL MEETING: Members Only, Sunday, June 8, 10:30am, Stow Grove Area 3. We're starting earlier this year and Lori is planning some special, fun activities.
Please RSVP by June 2 to Hildy, 964-0802 or cyclebelle199@cox.net.

BBQ prepared by Bruce Nix served at 1pm.

Election of Officers: If you would like to help your club by serving as an officer or you would like to nominate someone else, then please contact me.

Funding Proposals: GVCC is soliciting written proposals for bicycling related projects in need of funds. Send your suggestions to GVCC, P.O. Box 1547, Goleta, CA 93116 or you may email them to me at cyclebug@aol.com. Our PPR profits are used to benefit cycling in our community and our June meeting is when we vote on allocations. **Deadline for Submission: May 31.**

NEWCOMERS RIDES: Join me for a leisurely tour of Goleta on Saturday, April 5, 9am, Java Station and Saturday, May 3, 830am first for coffee at Lori's then loop around Goleta. If you are new to the area and would like to meet other cyclists, this ride is for you. No one will be left

behind and everyone is welcome. Check the calendar on the web for more details.

JOINT RIDE WITH TAILWINDS CLUB: Saturday, April 12, 9am, Home Depot in Lompoc. Dave Cantero (Tailwinds ex-president) will lead this ride to Jalama Beach, where you can buy a great hamburger. Mark your calendar.

MAY IS BIKE MONTH: Bike Week, sponsored by the Santa Barbara Bicycle Coalition, is May 17-25. Bike to Work day is Wednesday, May 21. Mark your calendar and check out all the activities at www.sbbike.org.

From The Quotable Cyclist, Bill Strickland, Editor
The type of valve you have on your tire is determined by the type of fitting you have on your pump. For example, if your pump is equipped with a presta attachment, then your tires inevitably have schrader stems. Mike Keefe.

Cleaning a bike's like cleaning a toilet. If you do it regularly, it's fine and easy. If you wait, it's a truly disgusting experience. Steve Gravenites





HAPPY APRIL BIRTHDAYS TO...

**Nancy Eckert
Stewart Holden
Bill Hull
Nancy Hull
Don Jeske
Jody Kamrath**

NO NEW MEMBERS THIS MONTH



****Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at lhhaney@cox.net. You wouldn't want to miss out on anything**

Rides Needed!!!!

Hi GVCC Members,

We always need ride leaders. Check the calendar at www.goletabike.org and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

****Ride leaders** tell if your ride will be a mocha/latte/espresso/double espresso.

Contact Lori Haney, lhhaney@cox.net

GVCC Website www.goletabike.org: Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net

Next bike path clean up.

Our next bike path clean up day is Saturday, May 15th

BIKE RIDES

**2008 Great Western Bicycle Rally News
Memorial Day Weekend**

**May 23 - 26th, 2008
REGISTRATION IS OPEN**

It's easy to register online



*Laurel King & Sharon Ware
Great Western Bicycle Rally Co-directors
To register:*

<https://nt1.adventuresports.com/bike/gwbr/registration.asp>

Info:

info@greatwesternbicyclerally.com

866-909-4927

Ride the Rainbow

April 13, 2008 in Temecula

<u>Distance</u>	<u>Climb</u>
50 miles	4300'
25 miles	1800'
10 miles	500'

The ride will be well supported and feature winding country roads and challenging climbs through Rainbow Pass, Live Oak Park Road, Olive Hill, Circle R Drive, Couser Canyon and Rice Canyon. For ride information, please see website: www.temeculabikeride.org or www.active.com.

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GVCC Minutes, Saturday March 8, 2008

Under bright sunny skies, President Doris Phinney called the monthly meeting of GVCC to order at Girsh Park. The mail was distributed, ride calendar circulated by Lori and Cheryl filed the Treasurer's report. Our next bike path clean up day is Saturday, May 15th at which time our Broom Master, John and SafetyVest Mistress, Steph will distribute our new safety vests to volunteers. These GVCC vests are to be worn when we clean the bike path so that we will be more visible and to show passersby who we are. John and Steph will keep the vests at their location and distribute them as needed.

In keeping with our upcoming annual election of officers at our Annual Meeting on June 8th, Doris

polled those present, Lori, Cheryl and Hildy as to whether or not they would accept the positions they currently hold in GVCC again for the next year. They are all willing to serve. Nominations for all elected offices are open to all GVCC members. Should you like to serve, please contact President Doris and she will add you name to the ballot.

Doris sent an email to last year's recipients of our funding proposals and urged them to submit their requests by the end of May. Of course, this request is open to anyone/group who has an interest in cycling as it pertains to education and safety in our community.

GABA has expressed an interest in linking onto our webpage and we could link onto theirs. The matter was discussed.

Our May meeting date is on Saturday, May 3.

Respectfully submitted
Hildy Hoffmann, Recording Secretary

FOR SALE

\$800.00 Black Softride 49CM Frame. Campy Record components, Chris King headset, Time Fork, Racing-T Crank 170 30/42/52, 13-27 8sp cassette, Cinelli Eubios 40CM Bar, 52-42-30 front cog, 27-13. Must see to appreciate.
Call Lori at 729-1772

GVCC CLOTHING SALE: To order contact Doris (cyclebug@aol.com) or call 968-3143.

GVCC Sox, member price is \$5, non-members \$10, size L, only 22 left.

McFarland Jersey Sale Continues: If you would like to schedule a "private showing," just let me know and we'll arrange a time. There are literally hundreds of jerseys and shorts left. You will not find a more extensive collection in town and the price is right, \$5 per item. Club Jerseys: \$35 members only. Size Small, only 3 left.

PEOPLE POWERED RIDE 2008 is on the calendar for October 12, 2008. We will continue with our Wine Harvest Festival theme. To make PPR a success we need lots of volunteers; please let me know if you are available to help on the day of the ride or if you can assist with preparations prior to the ride day.

<< PPR 2008 Volunteer List >>

1. Doris Phinney Coordinator Registration
 - a. **Day of ride check-in and set-up VOLUNTEERS NEEDED**
2. Hildy Hoffman Coordinator BBQ, Food setup and service, Publicity
 - a. **Food setup and service VOLUNTEERS NEEDED**
3. Cheryl Everett Coordinator for trash and porta-potties
4. Kathleen Boehm Coordinator for Rest Stops
5. Jared Dawson Coordinator for Rest Stops
 - a. **Rest Stop VOLUNTEERS NEEDED**
 - b. Dave Cantero & Tailwinds River Park Rest Stop
 - c. Yolanda Blue Los Alamos Rest Stop
 - d. Barbara Petronis Los Alamos Rest Stop
 - e. Karen Cottriel + friend Santa Maria Mesa Rest Stop
6. Coordinator for course marking are you there Dave James?
7. Don Jeske Coordinator for sags and mechanics
 - a. **SAG VOLUNTEERS NEEDED**, GVCC will reimburse you for gas.
8. Owen Patmor Food buyer, and anything else we ask of him.

Please contact Doris Phinney (968-3143 or cyclebug@aol.com) to volunteer your help on **October 12, 2008.**

The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Lori Haney	729-1772
	lhhaney@cox.net	
Secretary	Hildy Hoffman	964 0802
	cyclebelle199@cox.net	
Breeze Editor	Laura Newman	687-2588
	lnewman51@cox.net	
Treasurer	Cheryl Everett	967-8173
Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	964-5822
	lhhaney@cox.net	
Webmaster	Robert Rainwater	
	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.		688-5177
City of Carpinteria	684-5405 x411 or 405	
City of Lompoc	736-1261 x524 or 526	
City of Sta. Barbara, Streets		564-5413
City of Sta. Barbara, Potholes		897-2513
City of Goleta		961-7500
City of Santa Maria		925-0951 x221
City of Solvang		688-7529
Un-incorporated SB County		
debris and foliage		681-5696
general road/bikeway suggestions		568-3046
State Hwy System, Caltrans		
(eg Hwy 246, 1, 154,etc)		568-1261

**Thank You to Our GVCC Sponsors!
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:	
Open Air Bicycles, 224 Chapala,	962-7000
10% off parts & accessories at:	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Hazards Cycle Sport, 110 Anacapa,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.