

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

AUGUST 2004

Come out and ride with us!

*We are a non-profit recreational association committed to promoting health, fitness, and safety through bicycling.
For all levels!*

Bicycle Spoken Here

GVCC President: **Doris Phinney**,
968-3143, cyclebug@aol.com

The next monthly meeting of the GVCC will be Wednesday, September 8, 6pm, at Hildy's, 964-0802 (RSVP). Please note that we will not be meeting in August.

Our July 10 meeting at Girsh Park brought a nice turn out on the first sunny morning after many days of fog. After the meeting Jared and Kathleen led us downtown to the Dolphin Fountain (State & Cabrillo) for a club picture; everyone dressed in GVCC jerseys. Watch the website for a posting of the picture. We continued riding down the coast stopping for lunch at the Padaro Beach Grill. It was a beautiful day for a ride.

BICYCLE GIVE-AWAY: A special thank you to Bob Young for taking care of our bicycle give-away. On July 19, he wrote, "This day I purchased a wild pink bicycle, helmet, basket (white) and combination lock from Bicycles Unlimited in Goleta." The bicycle and gear were presented to Alicia Soriano at the Goleta Boys and Girls Club. Alicia's bicycle had been stolen. Thanks also to Bicycles Unlimited for giving us a price break on the purchase. Bob is now in the process of identifying a boy to receive the second bike in our give-away.

TOUR de FRANCE: And how about our man Lance Armstrong?!! Today was the individual time trial up L'Alpe d'Huez. Lance finished in under 40 minutes, 61 seconds ahead of second place Jan Ulrich. Calculating my best performance riding 10 miles up such a steep mountain, I figure it would take me at least two hours (assuming I didn't keel over or stop to gasp along the way). By the time you read this we will know the outcome of the 2004 Tour. Go Lance!

"Think of bicycles as rideable art that can just about save the world." –Grant Peterson



WILL HE OR WON'T HE??

By **JEROME PUGMIRE** Associated Press Writer

July 23, 2004

Lance Armstrong will race again in the Tour de France, although maybe not next year.

The Texan is on the verge of becoming the only rider to win the showcase event six straight times. He would like to focus on other races but is not prepared to turn his back on the 101-year-old Tour for good.

"I would do it. I'm not saying I'd never do it again," he said after Friday's 18th stage. "I'll do it again before I stop. It's a special race. It's everything. You can't have this intensity in any other event."

Asked if he would skip next year's Tour to focus on other events, Armstrong said: "It's too hard to say." "I haven't made a schedule yet," he added. "It's fair to say there's still a lot of things I'd like to do in cycling, like the classics and the hour record, that require a different type of focus."

The key factor would appear to hinge on sponsor demands. Before the Tour, his team signed a three-year, multimillion-dollar sponsorship deal with the Discovery Channel, which will replace U.S. Postal Service....

However, The New York Times reported Friday that this was the last time Armstrong would compete in the race. A high-ranking official among race organizers, who did not want to be identified, told the paper Armstrong already has informed the Tour of his plans.

According to the paper, the official said Armstrong saw no point in trying for a seventh title and that this was a gesture of respect for the four cyclists who have won five times.

Before the Tour, Armstrong had said he would race in the Tour in 2005. He also said this month he would be competing in 2005, although he didn't specify whether that would include the Tour.

Happy August birthday to...

Michele DeCant
Rene deJong
Ralph Fertig
Mark Polomski
Brad Stewart
Mike Warren

And welcome to new members...

Mark & Pamela Polomski

LIVESTRONG

Well, like many people recently, I went down to Dave Lettieri's shop, FasTrack Bicycles, to pick up one of those cool yellow bracelets to support Lance Armstrong's Cancer Foundation. You see, I had an 'in', being on Dave's email list, I knew that he would be receiving a new shipment that morning. I walked into his shop, made a gesture around my wrist, and Dave just smiled and shook his head. "They went out immediately". So the upshot is I ordered 10 of them at the website and don't know when they may show up, but I will have at least a few extra to give away, maybe at the next club meeting?

-editor

Mammoth – Labor Day Week-end

Once again it's the annual Mammoth Mountain Bike week-end over Labor Day. If you need a space or have space available in your condo please call Lori for assistance. If you are going and would like to be included in Friday and/or Saturday group dinner call Lori at 964-5822.

**Aug 14 – Bike Yard Sale 8:30 – 12:00,
6219 Avenida Gorrion, Goleta 964-5822**

Here's your chance to sell all those unwanted bike parts. Ads will be listed in the SB News Press and local bike shops. If you'd like to be a seller please bring a table to display your items and be prepared to tend your table.

FOR SALE:Litespeed "Classic" - 52cm, Shimano Dura Ace, Rolf wheels, carbon fork. Low mileage & excellent condition. Asking \$2300. Call Bill or Nancy at 965-5392 for more info.

If GVCC members have items for sale contact at 687-6218 or jdawson@silcom.com for ad submission.

The South Coast Breeze is a monthly publication of the Goleta Valley Cycling Club. Officers & contacts are:

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GVCC Jerseys for Sale

A very limited number of the 'new' club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Nancy Hull; please call ahead to arrange a time (965-5392). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Nancy Hull at 963 Fellowship Ln, Santa Barbara, CA 93109; make sure you specify the size.

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!
Please support these Jersey & Member Sponsors; they help support our club!**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calte Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Nancy Hull at 965-5392 or Hull@sbcc.net.

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:	
Open Air Bicycles, 224 Chapala,	962-7000
10% off parts & accessories at:	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Bicycles LTD, 155 N Fairview,	964-4913
Big Gear Bike Gear, 324 State,	962-5962
Hazards Cycle Sport, 735 Chapala,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

GVCC 7/10/04 ANNUAL MEETING MINUTES

Welcome and Mail Distribution

Ride Calendar was filled in for both August and September as there will be no August meeting

Treasurer's Report was distributed

The People Powered Ride donation requests have gone out but no potential sponsors have responded. There will be two PPR pre-rides: the metric/100 miles will be on Sat. Sept. 18th. The 30 miler will be on Sun. Oct. 3rd with a picnic to follow for those who are active with planning or will be working on the day of the PPR Oct. 10th. All volunteers will receive a bicycle cap with a 2004 PPR patch on it. The raffle system will be modified this year.

Bike Path Clean-Up will be at Rosie Thompson's, 6 PM, Wednesday, August 18th to take advantage of the last of daylight savings time. John and Stephanie Berberet will host the path cleaning starting in September and ongoing.

New Officers President Doris Phinney and Ride Coordinator Hildy Hoffmann and Incumbents Treasurer Cheryl Everett, Editor Jared Dawson, Newsletter Distributor Owen Patmor, Membership Chair Lori Haney were congratulated and thanked for their service to the GVCC.

Lori Haney will host and advertise a **bicycle parts and gear yard sale** to be held August 14th. To participate call Lori at 964-5822.

Those **organizations awarded funds** at the annual meeting were sent an award check. Kathleen Boehm has heard from the City of Santa Barbara Fire thanking the GVCC for the helmets for kids \$500 donation. The only other recipient who has acknowledged the gift is Santa Barbara Bicycle Coalition who printed the article Kathleen submitted as a press release to the local media.

There has been no new requests for jerseys. Kathleen has three requests.

The members present agreed to renew GVCC member in **California Bicycling Organization**

Photo Contest is ongoing there are no new submissions to David Lawson or received in the mail. Members present posed for photo for her ride leadership

NEXT MEETING at Hildy's house at 6 PM, on September 8th Call 964-0802 to RSVP.

Don't wait – sign up today.

**THE 25TH ANNUAL PEOPLE POWERED QETURY, METRIC AND 30-MILE RIDES
WILL TAKE PLACE ON SUNDAY, OCTOBER 10, 2004, AT
FIRESTONE MEADOW, 4871 Foxen Canyon Rd, Los Olivos, CA.**

THIS RIDE IN THE SANTA BARBARA COUNTY WINE COUNTRY HAS RECEIVED
“Best Biking in America” and “Best Kept Secret Award”.

ONLINE REGISTRATION AT www.active.com. MAILED REGISTRATION FORMS
AVAILABLE by calling 968-3143 or writing to GVCC, POB 1547, Goleta, CA 93117.

We need you to get the word out about our annual fund raiser and to volunteer to help.
Here's how:

The People Powered Ride Volunteer Sign-Up Information		
Prior to Oct.	Week of Oct. 3rd	October 10
News Releases Contact Kathleen 687-6218 kboehm@silcom.com	Deliver home baked goodies Contact Rosie 964-2339 rosie@nbdca.net	Registration Contact Doris 968-3143 cyclebug@aol.com
Distribute Flyers Contact Kathleen 687-6218 kboehm@silcom.com	Shop & Divide Food Contact Doris 968-3143 cyclebug@aol.com	Raffle and Base Camp Set-Up Contact Kathleen 687-6218 kboehm@silcom.com
Get Sponsors Contact Kathleen 687-6218 kboehm@silcom.com	Pick up Donations Contact Kathleen 687-6218 kboehm@silcom.com	Food Stops & Sag Contact Connie 962-4307 clstyrwoll@aol.com



Here are some of us showing our colors at Girsh Park following the meeting on July 10th.

Special Events to Remember

Photo Contest Ongoing: Check the photos at goletabike.org to find your favorite. Submit your photos to David Lawson at dms@impulse.net or to GVCC PHOTOS, POB 1547, Goleta, CA 93116. The winner gets "Bob Roll's Guide to the Tour de France".

Bicycle Path Cleaning – 6 PM, Wednesday, August 18th, 4634 Mint Ln. 964-2339.

Next meeting - 6 PM , September 8th, call Hildy at 964- 0802 to reserve.

First People Powered Pre-ride. 9:00 AM, 4871 Foxen Canyon Rd, Los Olivos

Survey of those who want a GVCC jersey. GVCC has only small sizes left. We have 3 requests for other sizes of jerseys and need lots more to make a minimum order. If you wish to order a jersey, please contact Connie at 962-4307 or clstyrwoll@aol.com