

# The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

[www.goletabike.org](http://www.goletabike.org)

February 2008

## ☞ Bicycle Spoken Here ☞

**GVCC President:** Doris Phinney, 968-3143,  
[cyclebug@aol.com](mailto:cyclebug@aol.com)

**GVCC MEETING: Saturday, February 2, 11am, Anna's Bakery.** The meeting will follow the Newcomers Ride described below, so come along for the ride and stay for the meeting. We will move to my house for the meeting if the weather indicates.

**NEWCOMERS RIDE:** Join me for a leisurely tour of Goleta on **Saturday, February 2, 9am** at Anna's Bakery in the Camino Real shopping center. If you are new to the area and would like to meet other cyclists, this ride is for you. No one will be left behind and everyone is welcome.

**JOINT RIDE WITH TAILWINDS CLUB:** February, 9, 9am at Mattie's Tavern. Dave Cantero (Tailwinds president) will lead this ride covering the time trial course for the Tour of California. Check the ride calendar.

**CHOO CHOO CENTURY** needs a coordinator. Lori and Stu are stepping down, so we need a new leader. Lori will provide planning information. Contact Lori at 964-5822 for information.

**PPR 2008 is on the calendar for October 12, 2008.** We will continue with our Wine Harvest Festival theme. To make PPR a success we need lots of volunteers and the key leaders stepped up and volunteered at our Holiday Party. Thank you Kathleen and Jared (rest stop coordinators), Don Jeske (sag coordinator), Cheryl Everett (Porta Johns), Bob Zimels (permit coordinator), Robert and Brigitte (patches, brochures); Yolanda Blue and

Barbara Petronis (staff Los Alamos rest stop); Hildy will assist with pre-PPR tasks.

**McFarland Jersey Sale Continues:** After the February meeting, there will be an opportunity to purchase more clothing. We will have a viewing at my house. If you would like to schedule a "private showing," just let me know and we'll arrange a time.

### **2008 Means 8000 Miles.**

Owen and I exceeded our goal of 7000 miles for 2007. The final 2007 mileage for Owen was 9091 and for me 8528 miles. At the Holiday party Robert Rainwater presented an award to Owen in recognition of his accomplishment.

**GVCC Website** [www.goletabike.org](http://www.goletabike.org): Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, [gbike@impulse.net](mailto:gbike@impulse.net).

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**Notice of Passing** Don Irby, Sr. had been a member of GVCC. He fell from his bike on University Dr near Patterson where the pavement is chewed up. He broke something in his neck and was in a brace. He was home for a few days and had a seizure. He passed 12/24/07.



**HAPPY FEBRUARY BIRTHDAYS TO...**

- Steve Kiehn**
- Sara Lauderdale**
- Dave Lawson**
- Wendy Manning**
- Lorna Owens**
- Jan West**

**NO NEW MEMBERS THIS MONTH**



**\*\*Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at [lhane@cox.net](mailto:lhane@cox.net). You wouldn't want to miss out on anything\*\*

**Rides Needed!!!!**

Hi GVCC Members,

We always need ride leaders. Check the calendar at [www.goletabike.org](http://www.goletabike.org) and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

Contact Lori Haney, [lhane@cox.net](mailto:lhane@cox.net)

**Next bike path clean up.**

**Please check the GVCC website calendar.**



**GVCC Minutes, January 13, 2008**

Post holiday shoppers had a field day on Sunday, Jan 13 at GVCC's annual holiday meeting and potluck. Bob McFarland who unknowingly held the title of "the best dressed cyclist in Santa Barbara" donated over 100 jerseys and cycling shorts to GVCC. At a \$5.00 price per item, it was push come to shove as anxious shoppers piled up their finds; all proceeds will go towards club related activities. If you missed the sale, you can contact Doris Phinney for special shopping times.

After a sumptuous pot luck feast, President Doris called the first meeting of the Goleta Valley Cycling Club for 2008 to order at 7:30pm. The ride calendar was circulated by Lori Haney and Cheryl Everett reported on the club's finances which were entered into record. Our first bike path cleanup of 2008 was washed out by some much needed rains; John Berberet will be contacted to reschedule in February.

Robert Rainwater paid a special tribute to GVCC long-time member, Owen Patmor, who rode the most miles in 2007, an unbelievable 9091 miles! His reward, 2 new tires. Congratulations Owen and to Doris too for her 8,500+ miles! Perhaps a few bottles of glucosamine chondroitin would have been appropriate too!

It was decided that we will have our annual People Powered Ride again this year on October 12<sup>th</sup> since there were enough volunteers stepping up to the plate to help run the event. Our theme will once again be "Wine Harvest Festival" (if it ain't broke, don't fix it). President Doris is looking for someone to coordinate the event, so think about offering your services. Also needed is a person or persons to run our Choo Choo Century (San Luis Obispo to Santa Barbara in March). Lori Haney and Connie Styrwoll are passing the bike pump to new volunteers. Congrats to them for doing such a great job over the past several years.

President Doris reminded those in attendance that there's still time to apply to go to the LAB National Bike Summit to be held in Washington, DC in



**The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:**

|                                   |                          |          |
|-----------------------------------|--------------------------|----------|
| President                         | Doris Phinney            | 968-3143 |
|                                   | cyclebug@aol.com         |          |
| VicePres./RideCoordinator         | Lori Haney               | 729-1772 |
|                                   | lhhaney@cox.net          |          |
| Secretary                         | Hildy Hoffman            | 964 0802 |
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| Breeze Editor                     | Laura Newman             | 687-2588 |
|                                   | lnewman51@cox.net        |          |
| Treasurer                         | Cheryl Everett           | 967-8173 |
| Breeze Distribution               | Owen Patmor              | 968-3143 |
|                                   | cyclebug@aol.com         |          |
| Membership                        | Lori Haney               | 964-5822 |
|                                   | lhhaney@cox.net          |          |
| Webmaster                         | Robert Rainwater         |          |
|                                   | gbike@impulse.net        |          |
| Bike Path Clean Up                |                          |          |
| John Berberet and Stephanie Stark |                          | 681-0048 |
|                                   | johnberberet@hotmail.com |          |

**Member Sponsorships**, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

**15% off parts & accessories at:**  
 Open Air Bicycles, 224 Chapala, 962-7000

**10% off parts & accessories at:**  
 Bicycle Bob's, 15 Hitchcock Way, 682-4699  
 Bicycle Bob's, 250 Storke Rd, 685-6799  
 Hazards Cycle Sport, 735 Chapala, 966-3787  
 I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338  
 Rincon Cycles, 5100 Carpinteria Ave, 684-9466  
 Velo Pro Cyclery, 633 State St., 963-7775  
 Velo Pro Cyclery, 5887 Hollister Ave., 964-8355  
 Velo Santa Barbara, next to RoCo on State St, 884-0917

**Bike Hazards**

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

|                                  |                      |               |
|----------------------------------|----------------------|---------------|
| City of Buellton.                |                      | 688-5177      |
| City of Carpinteria              | 684-5405 x411 or 405 |               |
| City of Lompoc                   | 736-1261 x524 or 526 |               |
| City of Sta. Barbara, Streets    |                      | 564-5413      |
| City of Sta. Barbara, Potholes   |                      | 897-2513      |
| City of Goleta                   |                      | 961-7500      |
| City of Santa Maria              |                      | 925-0951 x221 |
| City of Solvang                  |                      | 688-7529      |
| Un-incorporated SB County        |                      |               |
| debris and foliage               |                      | 681-5696      |
| general road/bikeway suggestions |                      | 568-3046      |
| State Hwy System, Caltrans       |                      |               |
| (eg Hwy 246, 1, 154,etc)         |                      | 568-1261      |

**Thank You to Our GVCC Sponsors!  
 Please support these Sponsors**

|  |          |
|--|----------|
| ARGUELLES, JOHN C - DDS                            | 681-4848 |
| 38 S. LaCumbre Rd. Santa Barbara                   |          |
| BANKERS PACIFIC MORTGAGE, INC.                     | 681-6363 |
| 4141 State St.#E-13 Santa Barbara, CA 93110        |          |
| BICYCLE BOB'S                                      | 682-4699 |
| 15 Hitchcock Way, Santa Barbara 93101              |          |
| BIKESMITHS   | 684-3150 |
| 5441B Carpinteria Ave, Carpinteria 93013           |          |
| FERREL'S CHIROPRACTIC                              | 963-3232 |
| 533 E. Micheltorena, Ste. 200, Santa Barbara 93103 |          |
| FRANK SCHIPPER CONSTRUCTION                        | 963-4359 |
| 610 E Cota, Santa Barbara                          |          |
| KEMP CHIROPRACTIC CLINIC.                          | 966-3344 |
| 809 Chapala, Santa Barbara 93101                   |          |
| MC FARLAND, BOB - ATTORNEY                         | 687-6198 |
| 2600 De La Vina #F, Santa Barbara 93101            |          |

## Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")  
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name \_\_\_\_\_ New Member \_\_\_\_\_ or Renewal \_\_\_\_\_

Address: \_\_\_\_\_  
(number & street) (city & state) (zip)

Home Phone \_\_\_\_\_ Work \_\_\_\_\_  
Email \_\_\_\_\_

Are you a member of the League of American Bicyclists? \_\_\_\_\_ # \_\_\_\_\_ Birthdate (op.) \_\_\_\_\_

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 1-Year Membership \$15.00 OR \_\_\_\_\_ 2-Year Membership \$25 (check one).  
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.