

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

Feb 2009

☞ **Bicycle Spoken Here** ☞

GVCC President: Doris Phinney, 968-3143,
cyclebug@aol.com

NEXT GVCC MEETING: Tuesday, February 10, 6pm, Café Fresco North on Calle Real in Goleta

NEWCOMERS/FARMERS MARKET RIDE: Saturday, February 8, 9am, Anna's Bakery, Doris, 968-3143. Everyone is welcome to join this leisurely paced ride around Goleta. No one is ever left behind and we'll shop for fresh produce after the ride.

Holiday Party Report: Thanks to everyone who contributed to our successful party on January 11. Special thanks to Robert and Brigitte for hosting the party at the Encina Meadows Rec Room. **People Powered Ride 2009.** GVCC members decided to suspend PPR for 2009. We welcome suggestions for future PPRs or other fund raising ideas.

2008 Means 8000 Miles (for Owen it was 9000+ miles).

In spite of breaking his kneecap December 20, at the end of the Holiday Parade on Bikes, Owen managed to ride 9117 miles in 2008. Even with eleven more days to ride while he sat still, I barely managed to reach "our" goal; my final total was 8004 miles. I'm probably going to continue the same goal of 8000 miles for 2009; that translates to 21.92 (we'll call it 22) miles each and every day. Owen and I are aided in achieving our cycling goals by 1) being retired, 2) we love to ride, 3) using our bicycles for almost all of our daytime errands and appointments (including grocery shopping with our Burley trailer).

Jack Carter Memorial Ride Report:

HAPPY NEW YEAR!

January 1, 830am,

From Jurij

Fun was had. Landscape was Spectacular, Hills were becoming a wonderful green; and even the Gap burn areas were starting to show some new growth. In Spite of my usual late start I was able to get to TC Park on time, to find no one waiting. But, just a bit later Robert R showed up and we waited for an extended period, for that possible late arrival. Turns out a rider who was a prior member also rolled in, and noted he had made this his traditional New Year's Day ride as well. Name of Gary something-or-other. Very nice guy, ex-firefighter and as it turned out, a hell of a fit rider at 71 yrs young!

Off we went at 9:00 for what was to be a wonderful, memorable, and spectacular day to tackle La Cumbre Peak. Nice steady pace and some stops for feed and just gawkin made the ride one of the most pleasant I've ever had, goin up there. Weather was spectacular and totally perfect for a climbing ride. No real wind to speak of, just an occasional updraft breeze to freshen the perspective.

Gloomy weather of the valley was quickly left behind at about 300 ft up on Old San Marcos and by the time we headed down Gibraltar the temps were just perfect for a very comfy descent. The recently paved sections between Painted Cave and La Cumbre were an incredible and unexpected surprise. The downhills between there were on the order of a fine powder skiing day in the Sierras - INCREDIBLE! Let's hope they do as well on the remaining crappage on Gibraltar and Camino Cielo. In all, couldn't have been a more purrrfect day for this ride. Lookin forward to New Year's 2010.



HAPPY FEBRUARY BIRTHDAYS TO...

**Steve Kiehn
Sara Lauderdale
David Lawson
Peter Loomis
Wendy Manning
Thomas Matthias
Lorna Owens**

NEW MEMBERS THIS MONTH



**Jerry Cupit
Ken Jurgensen
Michael Kwan**

Rides Needed!!!!

Hi GVCC Members,
We always need ride leaders. Check the calendar at www.goletabike.org and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

****Ride leaders** tell if your ride will be either a *Easy/Intermediate/Advanced/Express*.

Contact Lori Haney, lhhaney@cox.net

FOR SALE

GVCC CLOTHING SALE: To order contact Doris (cyclebug@aol.com) or call 968-3143.

GVCC Sox, member price is \$5, non-members \$10, size L, only 22 left.

Club Jerseys: \$35 members only. Size Small, 3 left.

Classic Italian Road bike

Classic Italian Road bike -lugged steel frame with purple and chrome (Bottecchia finish). The bike is in great condition. Specifics include: 57cm frame size, Columbus tubing, STI shifters, mixture Campagnolo and Shimano parts, chain rings are 53/39, 16 speed, \$400 obo. Email steph_stark@yahoo.com or call Stephanie at 805.681.0048.

MEETING MINUTES January 11, 2008

meeting:

Our first meeting of the new year was held in conjunction with our annual "non-holiday party and pot luck" on Sunday, January 11th at the recreation building at Encina Meadows.

While we all feasted on a splendid variety of pot luck foods and wines, the meeting was called to order by President Doris at 6:35pm. The mail envelope was circulated and Lori also circulated the ride calendar for folks to sign up for February and future ride leadership. Treasurer's Report aptly prepared by Cheryl was distributed and entered into record. Along with the treasurer's report, an update on donations from our membership for Ralph Fertig whose bicycle was stolen while locked up in front of the main library on Anacapa Street was presented and it was moved and seconded to increase the amount to \$1,000 from the GVCC membership.

Our topics of the day included our next bike path clean-up which will be held sometime in March. Two announcements concerning the Project Rwanda ride on January 24th and the Braille Institute who are seeking tandem riders were discussed.

Check this newsletter for more information on a February 14th ride with Tailwinds bike club starting at Mattei's Tavern at 9:00am.

The "hot topic" of the day was discussion on our 2009 People Powered Ride, namely, who will be the director and where will it be held. In a nutshell, there will not be a 2009 People Powered Ride since we don't have anyone interested in being the director, nor do we have a location to hold the event. Perhaps by having a year off, there will be time to reorganize and come up with new ideas for our club.

Lori announced that the "GVCC Choo Choo Century" is up and running for this year with Lori and Michele DeCant handling the details, more of which will follow in subsequent newsletters.

It was suggested that perhaps we need to "reach out and touch someone" with personal phone calls to our members who were not present at the meeting and other events that we have. Gastone

has accepted the task of calling members in this regard.

Lastly, all of us present wished Owen Patmor a speedy recovery from his cycling mishap which has temporarily put the mega-miler out of commission. Nonetheless, Owen pedaled over 9,100 miles in 2008. Another of our long-time members, Art Shapiro, may not have had that many cycling miles, but he did have over 350,100 miles of climbing. Way to go, Art!

Having eaten all the main dishes and yummy desserts, the meeting was adjourned at 7:25pm.

Respectfully submitted,

Hildy Hoffmann, Recording Secretary



The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

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Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500

City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
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FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
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809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:	
Open Air Bicycles, 224 Chapala,	962-7000
10% off parts & accessories at:	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Hazards Cycle Sport, 110 Anacapa,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in he Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, clams, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.