

# The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

[www.goletabike.org](http://www.goletabike.org)

July 2009

## ☞ **Bicycle Spoken Here** ☞

**GVCC President: Doris Phinney, 968-3143,**  
[cyclebug@aol.com](mailto:cyclebug@aol.com)

**NEWCOMERS RIDE: Sunday, July 19, 9am,**  
**Anna's Bakery, Doris, 968-3143.** Everyone is  
welcome to join this leisurely paced ride around  
Goleta. No one is ever left behind. You must wear a  
helmet to ride with the Goleta Valley Cycling Club.

**Report on GVCC ANNUAL MEETING:** (The  
minutes of the meeting may be found elsewhere in  
this newsletter.) Thank you to the 27 members who  
took the time to attend and provide input and  
suggestions for next year.

Thank you to **Hildy Hoffman** for organizing the  
BBQ and making sure that we were well fed. Thank  
you to all the GVCCers who brought brownies so  
we could snack before the BBQ and have dessert  
after as well.

**Lori Haney** outdid herself in providing games and  
entertainment. She exceeded all expectations when  
we began the event with an honest-to-goodness fire  
in a backyard next to Area 3, Stow Grove. Suddenly  
the whole picnic area was inundated with smoke.  
We watched in amazement as a feeble stream of  
water from a hose was attempting, to no avail, to  
knock down the fire. Our chef and several GVCC  
members grabbed some garbage cans and put water  
in them and ran over to pour it on the base of the  
fire, which was now burning in the ivy that covers  
the fence along the property line. The fire  
department arrived at the house on the street behind  
the park, sprayed foam and had the fire doused in  
record time. And to finish off the excitement the fire  
fighters then drove the engine around the block and  
into our picnic area to make sure all flames were

properly doused and out. I wonder if Lori can top  
this for excitement next year.

After the fire we moved right on into playing  
Pictionary, then a team water game (you have to see  
it to believe it), and a timed tire changing contest.  
The day was a little on the cool side, but we kept  
warm with all this activity and had a good time as  
well.

**WINDMILL CENTURY, July 18,** Pioneer Park,  
in Santa Maria, sponsored by Tailwinds Bicycle  
Club. Register now online at active.com. For more  
information go to the website:  
[www.tailwindsofsantamariabc.org](http://www.tailwindsofsantamariabc.org)

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### **From *The Quotable Cyclist*, edited by Bill Strickland:**

I ride a bicycle—not because I hate General Motors  
but haven't the courage to bomb an auto plant. I  
don't do it as a gesture of great stoicism and  
personal sacrifice... You ride a bicycle because it  
feels good. The air feels good on your body; even  
the rain feels good. The blood starts moving around  
your body, and pretty soon it gets to your head, and,  
glory be, your head feels good. You start noticing  
things. You look until you really see. You hear  
things and smell things you never knew were there.  
You start whistling nice little original tunes to suit  
the moment. Words start getting caught in the web  
of poetry in your mind. And there's a nice feeling,  
too, in knowing you're doing a fundamental life  
thing for yourself: transportation. —Nicholas Johnson



## **HAPPY JULY BIRTHDAYS TO...**

**Ashe Coutts**  
**Chris Gossard**  
**Annemarie Horner**  
**Ron Kemp**  
**Bill McCluen**  
**Art Shapiro**  
**Micki Stern**  
**Connie Styrwoll**  
**Scott Turnbull**  
**Warren Warner**

### ***NO NEW MEMBERS THIS MONTH***

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**ANNUAL MEMBERS MEETING MINUTES:**  
 June 7<sup>th</sup> dawned as another "June gloom day" but for those of use who attending the GVCC annual meeting at Stowe Park is was a great day. Many of us missed the excitement of yet another fire in the area—in a backyard adjacent to our picnic area. Danny, who works for Bruce Nix our caterer helped with water drops across the hedge and Art Shapiro captured the blaze with his camera; the photos can be viewed on our website.

Lori Haney once again did a great job in organizing games and fun things to do some of which, i.e., timed tire changing, were quite challenging. After we wined and dined at a club sponsored BBQ, President Doris opened the meeting dispensing with the usual items: received Cheryl's treasurer's report; thanked John and Steph for their many years of hosting the Bike Path Clean-Up and welcomed Robert and Brigitta by passing the tools and trash bags to them as they will now be hosting this bi-monthly event from their new home.

Thomas (last name?) spoke on Bike Moves monthly rides; Ralph Fertig addressed Santa Barbara Bicycle Coalition happenings and Doris reminded us to register for the Windmill Century on July 18.

Those in attendance unanimously endorsed and elected the proposed slate of officers for the 2009-10 year: President Doris Phinney, Vice-President/Ride Coordinator, Lori Haney, Secretary, Hildy Hoffmann and Treasurer, Cheryl Everett. Also voted in on Volunteer Positions were Laura

Newman, Breeze Editor, Owen Patmor Breeze Distribution, Lori Haney Membership, Robert Rainwater Webmaster and new Bike Path Clean Up volunteer hosts Robert Rainwater and Brigitta Van der Raay.

Two important issues regarding a change in GVCC policy/procedures were discussed:

1. It was moved and seconded that we change our monthly meetings to bi-monthly meetings effective immediately, with the first meeting occurring after the summer in September. If it were determined that a meeting was needed prior to the suggested date, the President would call a special meeting.

2. It was moved and seconded that the annual GVCC dues will be increased by \$5.00 starting with July 1, 2009:

- one year individual/family membership \$20
- two year individual/family membership \$35

For an update on appropriated funding allocations see the "President's Column" and note due to the economic times and the fact that we will not have our annual PPR this fall, the monies appropriated were noticeably curtailed. In another cost-saving measure it was moved and seconded to limit "The Breeze" publication for bike shop distribution to a one sheet, double-sided, featuring important info on our club. Robert Rainwater graciously accepted this challenge and it should be available soon in local bike shops.

The meeting was adjourned at 3:15pm.  
 Respectfully submitted, Hildy Hoffmann

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**GVCC Website** [www.goletabike.org](http://www.goletabike.org): Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website.

## **NEED RIDES**

Hi GVCC Members,  
We always need ride leaders. I'm having great difficulty finding members to lead our weekly rides. I spent some time reading old newsletters and realized that this has always been an issue. It's understandable that people may not want to commit in advance or they are unsure about their responsibility as a ride leader. The best part of leading a ride is you get to pick the route and lunch stop.

Check the calendar at [www.goletabike.org](http://www.goletabike.org) and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

**\*\*Ride leaders** tell if your ride will be either a *Easy/Intermediate/Advanced/Express*.  
Contact Lori Haney, [lhhaney@cox.net](mailto:lhhaney@cox.net)

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**ADVENTURE CYCLING MAPS:** GVCC has received a set of 8 bicycling maps, the complete set for the Lewis & Clark Bicycle Trail. If interested in borrowing these maps, please contact Doris.

## **FOR SALE**

**GVCC CLOTHING SALE:** To order contact Doris ([cyclebug@aol.com](mailto:cyclebug@aol.com)) or call 968-3143.

**GVCC Sox, member price is \$5, non-members \$10, size L, only 22 left.**

**Club Jerseys:** \$35 members only. Size Small, 3 left.



**The South Coast Breeze is a monthly publication of the Goleta Valley Cycling Club. Officers & contacts are:**

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Lori Haney	729-1772
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Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	729-1772
	lhhaney@cox.net	
Webmaster	Robert Rainwater	448-0636
	gbike@impulse.net	
Bike Path Clean Up	Robert Rainwater	448-0636
& Brigitta Van der Raay	gbike@impulse.net	

**Bike Hazards**

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!  
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
FREEDOM SIGNS	
816 Reddick Ave, Santa Barbara	965 1410
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

**Member Sponsorships**, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

<b>15% off parts &amp; accessories at:</b>	
Open Air Bicycles, 224 Chapala,	962-7000
<b>10% off parts &amp; accessories at:</b>	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Hazards Cycle Sport, 110 Anacapa,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

# Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement") In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name \_\_\_\_\_ New Member \_\_\_\_\_ or Renewal \_\_\_\_\_

Address: \_\_\_\_\_  
(number & street) (city & state) (zip)

Home Phone \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_

Are you a member of the League of American Bicyclists? \_\_\_\_\_ # \_\_\_\_\_ Birthdate (op.) \_\_\_\_\_

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 1-Year Membership \$20.00 OR \_\_\_\_\_ 2-Year Membership \$35 (check one).  
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.