

# The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

[www.goletabike.org](http://www.goletabike.org)

June 2010

## ☞ **Bicycle Spoken Here** ☞

**GVCC President: Doris Phinney, 968-3143,**  
[cyclebug@aol.com](mailto:cyclebug@aol.com)

**NEWCOMERS RIDE: Saturday, June 5, 930am, Java Station, Doris, 968-3143.** Everyone is welcome to join this leisurely paced ride around Goleta. No one is ever left behind. You must wear a helmet to ride with the Goleta Valley Cycling Club.

**GVCC ANNUAL MEETING (Members Only): Sunday, June 6, 11am, Stow Grove, Area 3. Please RSVP to me ([cyclebug@aol.com](mailto:cyclebug@aol.com) or phone 968-3143) by June 1, if you would like to dine on the BBQ prepared by Bruce Nix.**

**Agenda:** The main agenda item is the election of officers for the coming year. Please contact me if you are interested in serving your club in one of the four elected offices: President, Vice President/Ride Coordinator, Secretary, Treasurer.

**Discussion Items: We want to hear from our members so be prepared to comment.**

- Provide for membership renewal online.
- Give GVCC members access to our online calendar, so that you may post a ride anytime.
- Post a set of routes on our website for members to choose from when leading a ride. Also allows potential riders to view/print the route for an upcoming ride.
- How do we encourage more participation on club rides?
- Shall Newcomers and/or other rides include a cycling education component?
- Distribute club information beyond the local bike shops to include the library, Starbucks,

Java Station, Natural Café, athletic clubs, etc.

- GVCC regular meetings hosted at members homes as well as local restaurants.
- Updating our list of GVCC sponsors.
- Should members be asked to pay for the BBQ at future annual meetings or shall we switch to a potluck format?

**PEOPLE POWERED RIDE 2010:** Mark your calendars for **Sunday, October 10**, staged at Hans Christian Andersen Park in Solvang. Remember we will need many volunteers to successfully stage this event. Bob Zimels is the director of this year's event.

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## **BICYCLING THE NATCHEZ TRACE PARKWAY:**

One final note I failed to mention in the May **Breeze**. We owe Bob McFarland a very special thanks for suggesting this ride, one that he particularly wanted to experience. Unfortunately, he was injured on a training ride the day before he was to fly out of SB. Other pre-ride mishaps involved Cheryl, who dislocated her knee and had to cancel and Connie, who injured her knees, but came along anyway, although she could not ride. Hopefully there will be another opportunity to bicycle the Trace.



## HAPPY JUNE BIRTHDAYS TO

**Beverly Ching  
Art Gossard  
Rod Pearson  
Patricia Starr**

## NO NEW MEMBERS THIS MONTH

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### MAY MEETING MINUTES:

For May our bi-monthly GVCC meeting was held in "the back room" of Silvergreen's on Chapala, a new meeting place to add to our agenda. President Doris opened the meeting at 6:50pm by welcoming those present, circulating the mail and not circulating the missing Ride Calendar in Lori's absence. Those wishing to lead an upcoming ride please contact Lori at 729-1772. Cheryl distributed and read the treasurer's report with the bottom line being that we have \$4,320 in our treasury as a starting balance for our upcoming PPR in October. Please check upcoming Breeze newsletters or go on line for our next Bike Path Clean-Up date.

Our announcement portion of the agenda included congratulating Rosie Thompson on her recent triumphant triathlon win. Way to go, Rosie! Mark your calendars for our annual GVCC meeting (Members Only) on June 6<sup>th</sup>, 11:00am, Stow Grove, Area 3, BBQ lunch at 1:00pm, RSVP by June 1 to Doris. Check Doris's column for our monthly Newcomer's Ride (and you don't have to be a newcomer to ride, but ALL newcomer's are welcome).

Ralph Fertig, SB Bicycle Coalition and Doris did a comprehensive review of upcoming CycleMAYnia Events and you can check these events out on [sbbike.org](http://sbbike.org). GVCC received an inquiry for volunteers to teach bike riding to kids with disabilities which Doris will be checking out. A discussion was held to add to our June 6<sup>th</sup> agenda whether or not GVCC would be sponsoring our members and/or others for LCI training.

Under Old Business it was reported that there were no helmets distributed at Earth Day thereby negating any funds to CEC for their costs.

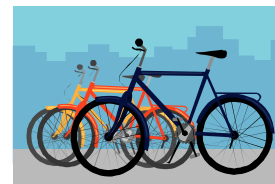
A special "thank you" was extended to the Finney's for their most generous donation to GVCC of a tandem for club use. Robert Rainwater, bike mechanic extraordinaire, will be in charge of maintenance and storage and a discussion ensued as to what direction we would be going for using the bike, perhaps loaning it out to the Braille Institute for special rides. Any suggestions are welcomed.

We briefly discussed upcoming meeting dates and the progress-to-date on PPR. Volunteers are needed as always, so members let's step up to the plate or get on the bike whatever the saying maybe and help make this a great come back year for PPR.

Meeting adjourned at 7:30pm.

Respectfully submitted by  
Hildy Hoffmann, Recording Secretary

**GVCC Website** [www.goletabike.org](http://www.goletabike.org): Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website.



## NEED RIDES

Hi GVCC Members,  
Ride Leaders needed. If you'd like to do a particular route and lunch stop e-mail me [lhane@cox.net](mailto:lhane@cox.net) your request and I'll put you on our ride calendar. You pick the start time/location, where you plan to ride and what pace you'd like to keep.

**ADVENTURE CYCLING MAPS:** GVCC has received a set of 8 bicycling maps, the complete set for the Lewis & Clark Bicycle Trail. If interested in borrowing these maps, please contact Doris.

**The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:**

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Lori Haney	729-1772
	lhhaney@cox.net	
Secretary	Hildy Hoffman	964 0802
	cyclebelle199@cox.net	
Breeze Editor	Laura Newman	687-2588
	lnewman51@cox.net	
Treasurer	Cheryl Everett	967-8173
Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	729-1772
	lhhaney@cox.net	
Webmaster	Robert Rainwater	448-0636
	gbike@impulse.net	
Bike Path Clean Up & Brigitta Van der Raay	Robert Rainwater gbike@impulse.net	448-0636

**Bike Hazards**

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!  
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
FREEDOM SIGNS	
816 Reddick Ave, Santa Barbara	965 1410
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

**Member Sponsorships**, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

<b>15% off parts &amp; accessories at:</b>	
Open Air Bicycles, 224 Chapala,	962-7000
<b>10% off parts &amp; accessories at:</b>	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Hazards Cycle Sport, 110 Anacapa,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

# Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement") In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name \_\_\_\_\_ New Member \_\_\_\_\_ or Renewal \_\_\_\_\_

Address: \_\_\_\_\_  
(number & street) (city & state) (zip)

Home Phone \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_

Are you a member of the League of American Bicyclists? \_\_\_\_\_ # \_\_\_\_\_ Birthdate (op.) \_\_\_\_\_

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 1-Year Membership \$20.00 OR \_\_\_\_\_ 2-Year Membership \$35 (check one).

Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.