

# The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

[www.goletabike.org](http://www.goletabike.org)

May 2007

## ☞ Bicycle Spoken Here ☞

**GVCC President:** Doris Phinney, 968-3143,  
[cyclebug@aol.com](mailto:cyclebug@aol.com)

**GVCC MEETING: Saturday, May 5, 830am,  
Doris & Owen's, 223 Saratoga Court, Goleta.**  
After a brief business meeting we will ride to  
Anna's Bakery at 945am and join others for a  
Newcomers Ride.

**The GVCC ANNUAL MEETING** is coming in  
June, the tentative date/place is Sunday June 3 at  
Stow Grove. The agenda includes the election of  
officers and the consideration of funding proposals.

**ELECTION of OFFICERS:** Nominations will be  
accepted at the meeting or you may contact me in  
advance of the meeting. Elected offices are  
President, Vice President/Ride Coordinator,  
Secretary/Breeze Editor, and Treasurer.

**FUNDING PROPOSALS:** If you know of a  
worthwhile bicycling project that could use some  
funding support from the GVCC, please contact me  
with a funding proposal prior to our June meeting.  
Proposals must be submitted in writing (or email).

### **Safety and Etiquette:**

**Visibility:** The first rule for safe cycling on roads  
with heavy traffic is to be seen. Wear bright colors  
such as red, yellow and orange, and use lights and  
reflectors when light is low.

**Road Position:** Ride far enough into the traffic  
lane to avoid being struck by opening doors on cars  
that are parallel parked. You might get some honks  
from drivers who don't understand why you won't  
pull to the right to let them pass immediately, but,  
hey, at least you'll know they see you. **From 250  
Best Cycling Tips by the editors of Bicycling  
Magazine**

**GVCC Website** [www.goletabike.org](http://www.goletabike.org): Be sure to  
check the events calendar on the web for the latest  
ride information. Sometimes rides are changed so  
please check the website or call the ride leader to  
confirm the ride.

For all the latest in photos and information, check  
the website. Don't forget that if you have a good  
GVCC cycling photo, get it to Robert Rainwater,  
[gbike@impulse.net](mailto:gbike@impulse.net).

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**CLOTHING SALE:** To order send an email to Doris  
([cyclebug@aol.com](mailto:cyclebug@aol.com)) or call 968-3143

PPR 2005 T shirts, Tour de Tango, \$5, sizes L, XL and  
2XL.

PPR 2004 Caps, \$5, one size fits all.

GVCC Sox, \$8 member, \$10 non-members, sizes M L.

Club Jerseys: \$35 members only. Sizes XS, S and  
M



## HAPPY MAY BIRTHDAYS TO...

**Kathleen Boehm  
Cheryl Everett  
Ellen Herman  
Wilson Hubbell  
Barbara Meyer  
Martin Peterson  
Rosie Thompson**

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## NO NEW MEMBERS THIS MONTH



**\*\*Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at [lhhaney@cox.net](mailto:lhhaney@cox.net). You wouldn't want to miss out on anything\*\*

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### GVCC April 12, 2007, Meeting Minutes:

President Doris Phinney called the April GVCC meeting to order at 6:45pm . Mail and the ride calendar were circulated. Treasurer's report was received. Thanks were given to Lori for posting back-up for the Breeze and also conveyed to Robert Rainwater for coordinating this effort.

Doris thanked all those who signed up as volunteers for this year's PPR. Other PPR items discussed: we need to formulate a flyer, Bob Z. will handle permits. Next month's meeting will be held on May 5th at the Phinney-Patmor residence.

June is our general meeting month and we will need a nominating committee to be voted on at May's meeting. June 3rd is tentatively scheduled for our meeting probably at Stowe Grove.

May is Bike Week month and Ralph Fertig passed out detailed information about it.

Both Bob Zimels and Ralph Fertig reported from having attended the annual Bike Summit meeting in Washington, DC during the beginning of March. Their days were filled with meetings and bike sessions and they brought a wealth of knowledge

back to Santa Barbara. Ralph presented an overview in powerpoint which captured the highlights of the Bike Summit. Job well done, Bob and Ralph.

Meeting was adjourned at 8:15pm.

Respectfully submitted Hildy Hoffmann, Acting Recording Secretary



## RIDE INFORMATION



**BIKE WEEK, MAY 12-20: GET ON YOUR BIKE AND RIDE.** For 2007 the Santa Barbara Bicycle Coalition is bringing you a great Bike Week of bicycling events. Details for all of the activities may be found on their website: [www.sbbike.org](http://www.sbbike.org)

May 12, Fourth Annual Bike Week Celebration with Willie Weir, featuring a catered dinner at the Chase Palm Park Center. \$30.

May 13, Bike Clinic covering bicycle maintenance basics at Open Air Bicycles.

May 14-24, Bike Week Flags will be mounted along State Street.

May 14, Bike Film Festival I featuring *Contested Streets* and selected short bike films at the Santa Barbara Public Library, Faulkner Gallery. \$5.

May 15, Bike to School Day

May 15, Bike Film Festival II featuring *Pedal* and other selected bike films at UCSB. Free.

May 16, Bike to Work Day.

May 16, Ride of Silence to commemorate those lost or injured in bicycling crashes in our area.

May 16 Willie Weir Bikes around South Africa, at the Museum of Natural History. \$10.

May 17, How to Plan a Cycling Adventure presented by Mark Sapp and Wilson Hubbell at the Museum of Natural History. Free.

May 17, Bicycle touring featuring tales of biking in foreign countries by Ralph Fertig and David Bourgeois at the Museum of Natural History. Free.

May 19, Children's Festival at Alameda Park.

May 19-20, Cycling Adventure to El Capitan. Camp overnight in the bike-in campground. Learn about it at the May 17<sup>th</sup> meeting. Camp fee.



## RIDE INFORMATION



### Great Western Bicycle Rally

The 43<sup>rd</sup> Annual Great Western Bicycle Rally is **Memorial Day weekend, May 25-28<sup>th</sup>, 2007** at the San Luis Obispo Fairgrounds in the scenic setting of Paso Robles, CA.

The Rally is a large, friendly, family-oriented bike event extravaganza and affordable "mini vacation" at the Paso Robles fairgrounds and the surrounding countryside..Lots of activities included in the entry fee.

Cost: \$40/person or \$80/family

Camping: \$12/person/night or \$30/family/per night, showers included. Online registration:

[www.greatwesternbicyclerally.com](http://www.greatwesternbicyclerally.com)

Brochure request or questions: 1-866-909-4927

26<sup>th</sup> Annual Breathe Easy Ride, June 22-24, a fundraiser for the American Lung Association of California. For more information and to register go to [www.BreatheEasyRide.org](http://www.BreatheEasyRide.org). If you would like to volunteer, contact Donna Beal at [donna@lungsbcv.org](mailto:donna@lungsbcv.org).

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If GVCC members have items for sale, please email Laura Newman at [newman51@cox.net](mailto:newman51@cox.net) for ad submission. *Also, please let her know if it's sold.*

## PEOPLE POWERED RIDE

**October 7, 2007:** Our theme for 2007 will be **Wine Harvest Festival Ride**; our three routes are being revised and will be labeled "Chardonnay, Merlot and Cabernet".

**PPR VOLUNTEERS:** Please contact Doris Phinney ([cyclebug@aol.com](mailto:cyclebug@aol.com) or 968-3143) if you don't see your name listed below and you are willing to volunteer for PPR. This is our only fund raising event and we need as many volunteers as possible to assist with organization and planning prior to the event as well as volunteers on the day of the event to set up for registration and the BBQ, work rest stops, drive sag vehicles, serve food, and clean up.

PPR Chair: Doris Phinney

### PPR Coordinators and Volunteers:

- Set Up: **Doris Phinney**, Owen Patmor, Hildy Hoffman, Rosie Thompson, Mike Willis
- Registration: **Doris Phinney** with Hildy Hoffman, Rosie Thompson
- Road Marking: **Dave James**
- Maps & Brochures: **Robert Rainwater**
- Publicity: **Doris Phinney**
- HAMS:
- BBQ: **Hildy Hoffman** has booked Bruce Nix
- Food Donations: **Hildy Hoffman**
- Permits, Park Reservations: **Bob Zimels**
- Porta Potties, Trash: **Cheryl Everett**
- Food Purchase and Staging: **Hildy Hoffman and Owen Patmor**
- Food Set Up and Clean Up:
- Before & Ending Inventory: **Rosie Thompson**
- On Site Mechanics: **Don Jeske**
- Sags: **Don Jeske**
  - Drivers: Robert Rainwater, John Berberet
- Rest Stops: **Kathleen Boehm & Jared Dawson**
  - Workers: Yolanda Blue, Jody Kamrath, Paula Makara, Michele DeCant, Richard Fortune & Cindy Demotte (Los Alamos), Dave Cantero & Tailwinds (River Park)

**THE CHOO CHOO CENTURY**  
**March 31-April 1, 2007**



**The group gathers for info**

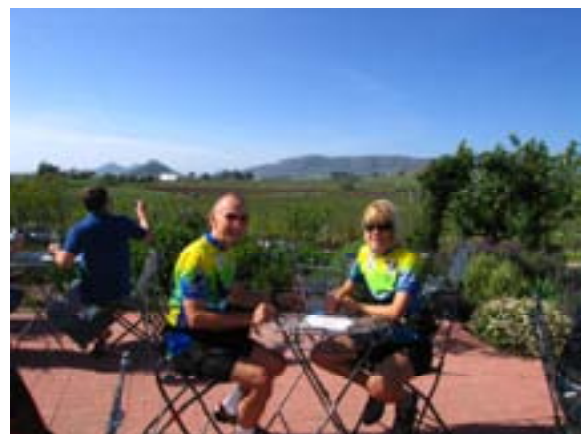


**Our Fearless Leaders**



**The train arrives**

**Lori and Michelle did a great job organizing the ride and hotel.  
We all had a fun time and the weather was perfect once the fog cleared.  
Only question – where did all the Lupine and Poppies go?**



**Wine Tasting anyone????**

**The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:**

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Hildy Hoffmann	964-0802
	cyclebelle199@cox.net	
Breeze Editor	Laura Newman	687-2588
	lnewman51@cox.net	
Treasurer	Cheryl Everett	967-8173
Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	964-5822
	lhhaney@cox.net	
Webmaster	Robert Rainwater	
	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

**Bike Hazards**

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.		688-5177
City of Carpinteria	684-5405 x411 or 405	
City of Lompoc	736-1261 x524 or 526	
City of Sta. Barbara, Streets		564-5413
City of Sta. Barbara, Potholes		897-2513
City of Goleta		961-7500
City of Santa Maria		925-0951 x221
City of Solvang		688-7529
Un-incorporated SB County		
debris and foliage		681-5696
general road/bikeway suggestions		568-3046
State Hwy System, Caltrans		
(eg Hwy 246, 1, 154,etc)		568-1261

**Thank You to Our GVCC Sponsors!  
Please support these Sponsors**

ARGUELLES, JOHN C - DDS		681-4848
38 S. LaCumbre Rd. Santa Barbara		
BANKERS PACIFIC MORTGAGE, INC.		681-6363
4141 State St.#E-13 Santa Barbara, CA 93110		
BICYCLE BOB'S		682-4699
15 Hitchcock Way, Santa Barbara 93101		
BIG GEAR BIKE GEAR		962-5962
324 State St., Santa Barbara 93101		
BIKESMITHS		684-3150
5441B Carpinteria Ave, Carpinteria 93013		
FERREL'S CHIROPRACTIC		963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103		
FRANK SCHIPPER CONSTRUCTION		963-4359
610 E Cota, Santa Barbara		
KEMP CHIROPRACTIC CLINIC.		966-3344

809 Chapala, Santa Barbara 93101		
MC FARLAND, BOB - ATTORNEY		687-6198
2600 De La Vina #F, Santa Barbara 93101		
STATE & A BAR & GRILL		966-1010
1201 State St, Santa Barbara 93101		
TRUEX, DON - DDS, MAGD		967-8300
6134 Calle Real Ste A, Goleta 93117		

**Member Sponsorships**, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

**15% off parts & accessories at:**  
Open Air Bicycles, 224 Chapala, 962-7000

**10% off parts & accessories at:**  
Bicycle Bob's, 15 Hitchcock Way, 682-4699  
Bicycle Bob's, 250 Storke Rd, 685-6799  
Big Gear Bike Gear, 324 State 962-5962  
Hazards Cycle Sport, 735 Chapala, 966-3787  
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338  
Rincon Cycles, 5100 Carpinteria Ave, 684-9466  
Velo Pro Cyclery, 633 State St., 963-7775  
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355  
Velo Santa Barbara, next to RoCo on State St, 884-0917

**GVCC Jerseys for Sale**

The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

# Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")  
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name \_\_\_\_\_ New Member \_\_\_\_\_ or Renewal \_\_\_\_\_

Address: \_\_\_\_\_  
(number & street) (city & state) (zip)

Home Phone \_\_\_\_\_ Work \_\_\_\_\_  
Email \_\_\_\_\_

Are you a member of the League of American Bicyclists? \_\_\_\_\_ # \_\_\_\_\_ Birthdate (op.) \_\_\_\_\_

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 1-Year Membership \$15.00 OR \_\_\_\_\_ 2-Year Membership \$25 (check one).  
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.