

The **Goleta Valley Cycling Club** invites you to the 29th Annual People Powered Ride on October 12, 2008. The rides tour the scenic Santa Barbara County wine country and surrounding hills. The start/finish is at "Crossroads", the Firestone Meadow near the intersection of Foxen Canyon and Zaca Station roads, four miles north of Los Olivos.

## ROUTES

**Cabernet 100 Mile.** From Los Olivos to Sisquoc, back through Los Alamos, on to Lompoc and return. This route has several challenging climbs.

**Merlot Metric.** Through Los Alamos joining the 100 mile route to Lompoc and return including some challenging climbs.

**Chardonnay 30 Mile.** Although short, the ride to Los Alamos and back has some serious climbing.

## REGISTRATION

**ALL RIDERS MUST PRE-REGISTER.  
NO DAY-OF-RIDE REGISTRATION.**

Register online (no added fees) at [www.goletabike.org](http://www.goletabike.org)

Single Rider: \$40

Tandem: \$80

Extra BBQ tickets for non-riders: \$10

## RIDE CONFIRMATION

All online registrations will be confirmed via email.

## START TIMES

Check-in begins at 6:30 am.

- Cabernet Start.....6:30-8:00 am
- Merlot Start.....6:30-9:00 am
- Chardonnay Start.....6:30-10:00 am

No century starts after 8 am! All riders **must** be off the course by 5:00 pm—**NO EXCEPTIONS!**  
The ride takes place rain or shine - no refunds.

## SUPPORT

SAG support with phone/radio communication will be available on all routes. Please make sure your bike is in **good working condition** prior to the ride, and be prepared to handle your own minor repairs.

## FOR YOUR ENJOYMENT

The People Powered Ride is famous for its food! At the ride start and morning rest stops, you'll find home-baked breads, fruit, juice and bagels. Later in the day, the rest stops will provide fruit, cookies and breads, and at the lunch stop for the Cabernet and Merlot riders, pasta salads and cold cuts. Relax at ride's end with a BBQ (your choice of meat or vegetarian), served from 12:00-4:00 pm. **BBQ is included in your registration fee.**

## RULES OF THE ROAD

- Helmets are required and **must** be worn.
- Bicyclists must obey all California Vehicle Code laws, including all stop signs and signals. Violators may be cited by local authorities.
- Riders should carry water, patch kit or spare tube, pump, telephone money or cell phone, identification, and critical medical information.
- All riders, including tandem partners, must sign the release form before starting the ride.
- Minors (under 18) must be accompanied by an adult, and a parent or guardian must sign the release form.

## ACCOMMODATIONS

For lodging, camping, dining & tourist information, please contact these Visitor's Centers:

Buellton [www.buellton.org](http://www.buellton.org)

Solvang [www.solvangusa.com](http://www.solvangusa.com)

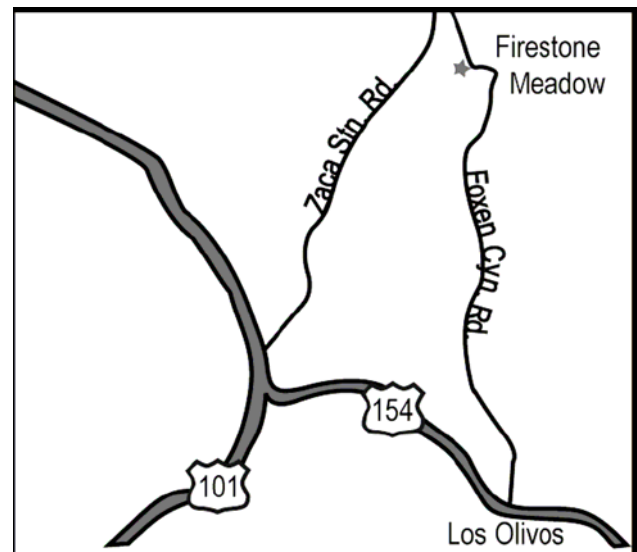
Lompoc [www.lompocshopping.com](http://www.lompocshopping.com)

Santa Maria [www.santamaria.com](http://www.santamaria.com)

Santa Barbara [www.santabarbaraca.com](http://www.santabarbaraca.com)

## DIRECTIONS

The rides start off Foxen Canyon Road, a half mile east of the Zaca Station Road intersection.



## MORE INFO?

Check out our web page at [www.goletabike.org](http://www.goletabike.org), or call Doris at 805-968-3143 (day or evening 9am-9pm).

## ABOUT GOLETA VALLEY CYCLING CLUB

We're a non-profit recreational and sport touring association committed to promoting safety, health and fitness through bicycling. Your registration fee enables us to support the Santa Barbara Bicycle Coalition, Safe Routes 2 School, Bici Centro, California Bicycle Coalition, Adventure Cycling, Rails-to-Trails Conservancy, and the League of American Bicyclists. We thank you for your participation.



**The 29th Annual  
BOB MCFARLAND PEOPLE POWERED RIDE**

**WINE HARVEST FESTIVAL**

**October 12, 2008**

Los Olivos, California

Harvest Season in the beautiful Santa Ynez Valley

Cabernet 100 Mile Ride

Merlot 70 Mile Ride

Chardonnay 30 Mile Ride

